

Podiatric Surgical Procedures - Considerations, Application & Management

Goals and Objectives

Course Description

"Podiatric Surgical Procedures - Considerations, Application & Management" is a live (real-time) interactive webinar for occupational therapists and occupational therapy assistants that examines surgical procedures to manage common orthopedic pathologies of the distal lower extremity. This course includes a review of current literature relating to surgical procedures for tendons, ligaments, and bones of the foot and ankle.

Course Rationale

The purpose of this course is to provide an understanding of the current trends in surgical procedures to manage degenerative, traumatic and non-traumatic pathologies of foot and ankle. The emphasis is comparative analysis of contemporary surgical techniques to restore distal lower extremity function through repair tendons, ligaments, and bones.

Course Goals and Objectives

Upon completion of this course, participants will be able to:

1. List and identify common anatomical structures of the foot and ankle.
2. Distinguish degenerative, traumatic, and non-traumatic foot and ankle pathologies.
3. Identify emerging surgical techniques for foot and ankle orthopedic pathologies.
4. Identify contemporary theories regarding weight bearing after ankle fracture stabilization surgery.
5. Compare procedures to address chronic ankle instability.
6. Distinguish peroneal tendon stabilization from repair.
7. List surgical mechanisms to restore pes planus foot alignment.
8. Describe techniques to manage cartilage damage in the ankle.
9. List the indications for ankle arthrodesis.
10. Identify post-surgical considerations for procedures of the foot and ankle.

Course Provider – Innovative Educational Services

Provider Contact Information – information@cheapceus.com

Course Instructor - Jodi Gootkin, PT, MEd, CEAS

Conflict of Interest – No financial or non-financial conflict of interest exists for the presenter or provider of this course.

Target Audience – Occupational Therapists, Occupational Therapy Assistants

Course Educational Level – This course is applicable for introductory learners.

Course Prerequisites – None

Method of Instruction – Live synchronous interactive webinar

Location - Cheapceus.com

Date – Multiple presentation dates.

Course Completion Requirements / Criteria for Issuance of CE Credits – Verified attendance at live interactive webinar and a score of 70% or greater on the course post-test

Continuing Education Credits – Three (3) contact hours / .3 AOTA CEUs

Course Fee - \$39.95

Registration Information –To register for this program, please go to: Cheapceus.com

Special Needs Requests – Email: information@cheapceus.com or phone: 954-663-4101

Cancellation by the Learner – Learners may cancel their participation at any time and receive a full refund of all paid fees.

Cancellation by the Provider – Cancellation by the provider is not applicable as this activity is not a scheduled event

Complaint Resolution – Please call 954-663-4101 (24 hours/day, 7 days/week) to speak with a live customer service agent. Our goal is to work with our customers to resolve all issues to the customer's satisfaction with just one phone call whenever possible.

Refund Policy - Unrestricted 100% refund upon request. The request for a refund by the learner shall be honored in full without penalty or other consideration of any kind. The request for a refund may be made by the learner at any time without limitations before, during, or after course participation.



Innovative Educational Services is an AOTA Approved Provider of professional development. PD activity approval ID# 5471. This Distance Learning – Interactive PD activity is offered at .3 CEUs; Introductory; Occupational Therapy Service Delivery; OT Foundational knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

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Course Outline and Schedule

Topic	Time
Anatomy and Arthrokinematics	0:00-0:10
Anesthesia and Pain Management	0:11-0:15
Hardware and Grafting	0:16-0:25
Osteotomy and Lapidus Procedures	0:26-0:35
Plantar Fasciotomy	0:36-0:45
Ankle Fracture Fixation Considerations	0:46-0:50
Interactive Discussion of Clinical Applications	0:51-1:00
Syndesmosis Stabilization	1:01-1:10
Chronic Ankle Instability Procedures	1:11-1:20
Peroneal Tendon Stabilization and Repair	1:21-1:30
Achilles Tendon Repair and Reconstruction	1:31-1:30
Pes Planus Procedures	1:41-1:50
Interactive Discussion of Clinical Applications	1:51-2:00
Anterior Ankle Impingement Arthroscopy	2:00-2:10
Osteochondral Lesions of Talus Cartilage Techniques	2:11-2:20
Ankle Arthrodesis	2:21-2:30
Total Ankle Replacement	2:31-2:40
Post-Surgical Considerations	2:41-2:50
Interactive Discussion of Clinical Applications	2:51-3:00